



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Welcome

A very MERRY CHRISTMAS and SAFE and JOYOUS New Year to all Brisbane Bayside pickleballers.

We all hope you had a fantastic time over the festive season and indulged in great company, great food and drink and hopefully you were able to sneak in the odd game of pickleball as well. You have to burn off all those extra calories somehow!!

December, has come and gone and saw, once again, quite a number of sessions cancelled due to weather. Let's all hope the start of 2025 sees as many pickleball sessions going ahead as possible.

Our club is organised and run by a number of very passionate and dedicated volunteers!! We thank them all for every effort they put into our club. However, we NEED MORE help to keep our great club running (doesn't have to be each and every week, just the odd time here and there would be great)!! Sound like something you might be Interested in? See inside for further details.

Welcome again to 2005!! So please go get that icy cold beverage, pull out some of that leftover Christmas ham, find a cool spot beside the pool and dive into this months newsletter.

And as always, see you out on the courts...

Brian Krisanski (BBPC IT/Social Media/Newsletter Editor)

Inside this Issue

- 01** Welcome
- 02** President's Report
- 03** The 5 P's of Pickleball
- 04** Sub-Committees
- 05** Session Hosts
- 06** Brisbane Bayside Pickleball Club Merchandise
- 07** Weekly Sessions
- 08** Social Media Posts of the Month
- 09** Recipe of the Month
- 10** BBPC Club Committee
- 11** Important Links
- 12** Sponsors
- 13** Buy/Sell/Swap/Trade
- 14** Upcoming Tournaments



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

President's Report

Welcome to 2025!

Hope you all had an enjoyable Christmas and a fun-filled New Year's Eve.

Brisbane Bayside Pickleball Club has well and truly established itself within the Redlands and Wynnum Manly coastal regions. The return to playing this year has come with a rush and for many it would seem not soon enough. Sunday 5th January saw 30 signups at Cleveland, the most we have seen there, and the following Monday night at Wellington Point being fully booked out. Seems many are very keen to work off those extra Christmas kilo's!!!

Our club committee will sit down in the next couple of weeks to organise a "Calendar of Events". Some items that will be discussed are themed pickleball sessions, new playing formats, and how we run all of our sessions. Janice Smith has suggested hosting a Pickleball "Come and Try" only morning on a weekend in to kick off the New Year (to be held in January or February 2025) and have it advertised on the Redland City Council's What's On Page (website).

Preparations for the interclub competition with the friendly "wildlings of the north" (Moreton Bay Pickleball Club) to be scheduled later this year are in the planning stage.

The club is now entering an exciting and challenging year ahead. The foundation has been laid on solid ground. We have been in discussion with the Redland Council around the EOI for EGW Woods Netball Courts (located near the Wellington Point Tennis Courts). The Council are currently not going out to an EOI until there is a permanent facility in this location for pickleball i.e. courts have been resurfaced and lines are permanently marked on the courts. Once this has been completed, they will open an EOI.

Just a brief note from me to thank the committee for all their efforts. There is more work to be done and from the results of the feedback survey we have the support of the club's membership.

To all have a great new year, can't wait to see you out on court again, especially all the many newcomers.

I have said it before this is a great club as it continues to grow and develop.

Chris Warner (BBPC President)



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024



The 5 P's of Pickleball:

Do you know the 5 P's of pickleball?

Some may recall the saying **Prior Planning Prevents Poor Performance**. It may have served you well in some of life's situations and although you could apply it to Pickleball, there is a better 5-P catch phrase we can use.

Plan – Practice – Play – Perform – Pleasure.

Plan Your Practice Sessions

Do you specifically know what you will do during your next practice session?

Not only should you spend time drilling it must be **PLANNED!** Plan the time, plan the date and plan the content. It is not enough to go out, dink for 10 minutes and say you drilled. You must be able to state clearly, what you worked on while you drilled. Did you work on hitting spots or moving your opponent side to side? How about short hopping your opponent? You need to have a plan to make practice meaningful.

Practice! Practice! Practice!

Do I really need to use the worn out adage of "Practice makes perfect?"

I am constantly amazed at the number of players that do not practice or drill at all. Baseball players take batting practice, basketball players shoot shots and golfers hit buckets of balls.

And while we all want our sport to be unique this is not the place to start!

Play of Course

"All work and no ..." ... nope, not gonna go there again!

This one is easy and we all want to do this. It is also important because this is where we get to put all that hard work into action. How we play in real games will tell us if we were able to take what we have been working on and translate it into habits on the court. Your practice needs to convert into action during game play.

Perform at Your Peak Level

We all have days where we feel stronger than other days. That said, ensure you are giving maximum effort mentally and physically as much as you possibly can with practice and actual game play. This will help you get the most out of your time on the court. A weightlifter doesn't lift 100 pounds if he/she has been routinely lifting 200 pounds. Don't cheat yourself! Give it your all!

Pleasure

This is the most important one ... have fun and enjoy the game of Pickleball! This, not how many games you won or lost, is what will keep you coming back for more.



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

BBPC Sub-Committee's

As mentioned in the Welcome, our great club is run and organised by a very dedicated and passionate group of individuals that put in a lot of time each and every week to enable you to play and enjoy this fantastic sport we all love.

As with all things, the amount of time each of these members have is very limited and obviously needs to be balanced with family life.

Pickleball IS LIFE!! Haha yes, we all agree, but we would like to seek your help to keep everything running smoothly. We ask each of you to consider helping out wherever possible. Obviously, if you are available every week that would be fantastic, but if you are only available once a fortnight, once a month, every now and then, that is also just as great. We are looking for a wide variety of skills, everything from, sessions hosts, uploading social media, through to writing grants etc.

Do you have any of these particular skill sets or knowledge, or other skills you think could be of benefit to our club?

If so, please speak to one of our session hosts about how you can be involved and help our club grow.

As we have mentioned many times in the past, this is YOUR CLUB and the management committee need your expertise and help to continue to grow.

Moving into 2025, we will setup small sub-committees that will focus on club growth, facility projects,





Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Session Hosts

Ever thought of being a session host?

Why not give it a go?

With more venues and more playing times, we need members to step up and offer to help host sessions.

Being a host does not mean you are stuck each and every week. Session hosting can easily be shared around so it is not all put on to a single person (or couple).

Best of all, **all sessions you host are FREE for you!!**

If interested, please see any of the club committee to see how you can get involved.



WE WANT YOU

Brisbane Bayside Pickleball Club Merchandise

Love our club and want to show it off??

Why not get some Club merchandise?

Check out our online store at

<https://bbpc.redbubble.com>





Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Weekly Pickleball Sessions

Each week we run the following pickleball sessions. Reserve your spot via OpenSports –

<https://opensports.net/bbpc/tab/events>

For more information and instructions how to reserve your playing spot, see our webpage:

<https://www.baysidepickleballclub.com/book-session>

Wellington Point Tennis Courts

- **Monday 7:00pm-9:00pm**
Social/Come 'n' Try (Social/card system)
- **Wednesday 6:30pm-8:30pm**
Skills & Drills
- **Wednesday 6:30pm-8:30pm**
Intermediate/Advanced play
- **Thursday 6:30pm-8:30pm**
Competitive League (Organised game play)

Iona Tennis Centre

- **Wednesday 6:30pm-8:30pm**
Social/Come 'n' Try (Social/card system)

Victoria Point State High School (Indoor Venue)

- **Tuesday 6:30pm-8:30pm**
Social/Come 'n' Try (Social/card system)
- **Saturday 9:00am-11:00am**
Social/Come 'n' Try (Social/card system)

Cleveland State School (Indoor Venue)

- **Sunday 9:00am-11:00am**
Social/Come 'n' Try (Social/card system)

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wellington Point Tennis Courts	7-9 PM Social Come 'n' try		6:30-8:30 PM 2 sessions 1. Skills & Drills 2. Intermediate/ Advanced	6:30-8:30 PM Competitive League			
Iona Tennis Centre			6:30-8:30 PM Social Come 'n' try				
Victoria Point State High School		6:30-8:30 PM Social Come 'n' try				9-11 AM Social Come 'n' try	
Cleveland State School							9-11 AM Social Come 'n' try

<https://www.baysidepickleballclub.com>
play@baysidepickleballclub.com



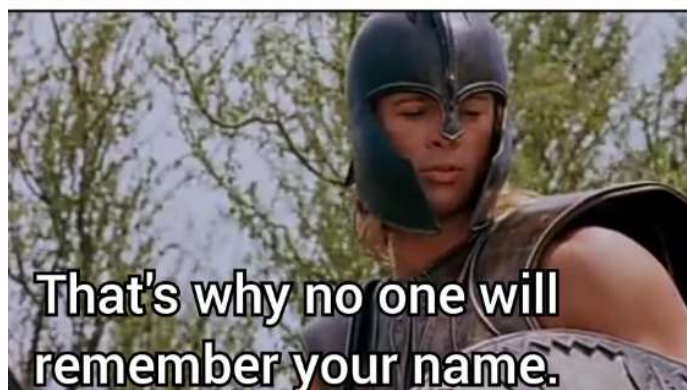


Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Social Media Posts of the Month

(Brian Krisanski - BBPC Committee)





Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Pickleball Recipe

(Brian Krisanski BBPC Committee)

Leftover Fried Rice

Ingredients

- Rice
- Spicy chicken mince (leftovers or use Taco Seasoning)
- Soy sauce (to taste)
- Salt (pinch)
- Onion
- Asparagus
- Tomato
- Rocket and Spinach



Method

- Cook rice in a rice cooker
- Combine rice and all dry ingredients in a large frying pan or wok until heated through
- Add soy sauce at the end and mix through. Add a little at a time until you get the desired taste





Brisbane Bayside Pickleball Club

Monthly Newsletter

December 2024

Brisbane Bayside Pickleball Club Committee

President – Chris Warner

email: president@baysidepickleballclub.com

Secretary – Greg Ryan

email: secretary@baysidepickleballclub.com

Treasurer – Jean Warren

email: treasurer@baysidepickleballclub.com

General Committee

email: play@baysidepickleballclub.com

- Brian Krisanski
- Cynthia Krisanski
- Andy Tompkins
- Wendy Tompkins
- Paul Harper
- Corinne Harper
- Kerrie Ryan
- Janice Smith
- Patrick Bryden

Our Club Member Stats

Youngest	14.9	Male	106	51.2%
Oldest	78.0	Female	101	48.8%
Average Age	51.2	Other	0	0.0%
		Total	207	100.0%

	#	%	Male	%	Female	%
Under 20	3	1.6%	1	1.0%	2	2.2%
20-30	9	4.7%	7	7.0%	2	2.2%
30-40	30	15.7%	22	22.0%	8	8.8%
40-50	32	16.8%	17	17.0%	15	16.5%
50-60	67	35.1%	31	31.0%	36	39.6%
60-70	38	19.9%	18	18.0%	20	22.0%
70+	12	6.3%	4	4.0%	8	8.8%
Total	191	100.0%	100	100.0%	91	100.0%

(** some age data not available)

Sponsors

A huge thank you to our club's sponsors.

Website: <https://www.baysidepickleballclub.com/>

Facebook: <https://www.facebook.com/profile.php?id=100095199866558>

Instagram: <https://www.instagram.com/brisbanebaysidepickleballclub/>

Youtube: <https://www.youtube.com/channel/UCgxBnHjA3MWNmRCwf1eXyIQ>

RMS
CREDIT



SwissFish

IOR

www.baysidepickleballclub.com

play@baysidepickleballclub.com



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024



Buy / Sell / Swap / Trade

Have any pickleball gear, paddles etc that you are wanting to sell, swap, or trade, then let us know and we can add it here in our newsletter to let our members know what you have to offer or what you are chasing.

Pickleball Paddles for Sale

Need to purchase a pickleball paddle and not sure where to buy them from or if the one you are thinking about even suits your game?

Brian Krisanski now has a range of demo paddles that you can "Try before you Buy!!"

He will have them available at each session (he attends). Come speak to him to determine which paddle best suits your game.

Need a portable pickleball net, pickleball balls, non-residue court tape, or even a Ksix Chalk Line Marker – make sure you visit the Third Shot Warehouse website.

<https://thirdshotwarehouse.com/>



Scepter
\$50



Obelisk TS5.0
\$70



Obelisk Vindicator
\$95



Argyle
\$95



Obelisk Horizon Raw
Carbon 16mm
\$120



Obelisk Horizon II
\$165



Obelisk Vector
\$165



Red Horizon
\$189



Obelisk Triple Crown II
\$199



The Tomahawk -
Sweetspot training paddle
\$60



Pickleball Paddles for Sale

See Brian Krisanski for more information

<https://www.obeliskpickleball.com/>

Use **BRIAN10** to get a 10% discount at checkout



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

Upcoming Pickleball Tournaments

January 2025

The Spirit of Pickleball Tournament (Menai)
17th-19th January 2025

Dink Fest! (Port Macquarie)
17th - 19th January 2025

PPA Tour - Australia Pickleball Open (Melbourne)
30th January - 2nd February 2025

February 2025

Western Australia State Championships
1st - 4th February 2025

Australian Masters 40+ (Beenleigh)
15th - 16th February 2025

QPT Gold Coast
21st - 23rd February 2025

NPL Championships (Location TBD)
21st - 23rd February 2025

PPA Tour Australia Open (QLD)
28th February - March 2nd 2025

March 2025

Australian Rainbow Pickleball Championships 2025
1st - 2nd March 2025

2025 Victorian Pickleball Championships
7th - 10th March 2025

The Big Chill - ACT
14th - 16th March 2025

PPA Tour Australia Open (Location TBD)
14th - 16th March 2025

QPT Brisbane
21st - 23rd March 2025

Adelaide Mini 2025
22nd - 23rd March 2025

Tasmanian Pickleball Championships
27th - 30th March 2025



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

April 2025

2025 Noosa Doubles Classic
5th-6th April 2025

2025 NSW Pickleball Championships
12th – 14th April 2025

Sunshine Coast Grand Slam
18th - 20th April 2025

NPL Championships (QLD)
25th – 27th April 2025

Battle of the Kokorozashi (Melbourne)
25th - 27th April 2025

May 2025

Sydney Grand Slam
2nd - 4th May 2025

PPA Tour Australia Open (Location TBD)
9th - 11th May 2025

QPT Townsville
16th - 18th May 2025

Barrington Coast Doubles tournament 2025
17th - 18th May 2025

2025 South Australian Pickleball Championships
23rd - 25th May 2025

2025 Northern Territory Pickleball Championships
31st May - 1st June 2025

June 2025

MLPA/PPA Tour Australia Championships (QLD)
5th – 8th June 2025

Warrnambool Pickleball Open 2025
6th - 8th June 2025

Gold Coast Grand Slam
13th - 15th June 2025

NPL Championships (Location TBD)
13th - 15th June 2025

QPT Mackay
20th - 22nd June 2025

PPA Tour Australia Open (QLD)
27th - 29th June 2025

July 2025

2025 Queensland Pickleball Championships
3rd-7th July 2025

2025 River City Classic (Brisbane)
11th - 14th July 2025

NPL Championships (VIC)
11th - 13th July 2025

QPT Yeppoon
18th - 20th July 2025

Battle of the Amazons and Gladiators (Melbourne)
19th July 2025

MLPA/PPA Tour Australia Championships (QLD)
24th - 27th July 2025



Brisbane Bayside Pickleball Club Monthly Newsletter

December 2024

August 2025

Northern Rivers Doubles 2025

1st - 3rd August 2025

NPL Championships (Location TBD)

8th - 10th August 2025

QPT Hervey Bay

15th - 17th August 2025

Gold Coast Grand Slam

22nd - 24th August 2025

PPA Tour Australia Open (Location TBD)

29th - 31st August 2025

September 2025

Barrington Coast Seniors Tournament 2025

3rd - 5th September 2025

Toowoomba Carnival Bash 2025

5th - 7th September 2025

MLPA/PPA Tour Australia Championships (NSW)

11th - 14th September 2025

QPT Bundaberg

12th - 14th September 2025

Sydney Social Slam

27th-28th September 2025

PPA Tour Australia Open (Location TBD)

26th - 28th September 2025

2025 Trilogy Funds Australian Pickleball Championships

29th September - 6th October 2025

October 2025

Perth Grand Slam

10th - 12th October 2025

2025 Australian Rainbow Pickleball Championships

11th - 12th October 2025

NPL Championships (Syd)

17th - 19th October 2025

Australian Masters Games (Canberra)

18th - 25th October 2025

Battle of the Asobigai (Melbourne)

19th October 2025

MLPA/PPA Tour Australia Championships (Location TBD)

23rd - 26th October 2025

Sunshine Coast Open

31st October - 2nd November 2025

November 2025

MLPA/PPA Tour Australia Championships Finals (Location TBD)

13th - 16th November 2025

Melbourne Grand Slam

21st - 23rd November 2025

December 2025

2025 ACT Pickleball Championships

5th-7th December 2025

NPL Championships (Location TBD)

12th - 14th December 2025